

Weekly menu



Monday

Tuesday

Wednesday

Thursday

Friday

Italian Style Tomato & Herb Pasta (W) with Cheese (M)

Beef Lasagne (W,E,M)

Roast Gammon with Roast Potatoes & Gravy

Chicken Sausages with Mash Potatoes

Fish Fingers (W,F) with Chips & Ketchup

Oriental Style Stir Fried Vegetables with Rice

Roasted Red Pepper & Herb Jambalaya

Cheese Flan with Roast Potatoes (W,E)

Vegetarian Sausages with Mash Potatoes

Sweet Potato,Spinach & Bean Empanada with Chips

Jacket Potatoes with a choice of Toppings

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Jacket Potatoes with Cheddar Cheese (M) & Baked Beans

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Garlic & Herb Bread (W,E,M,S)

Tomato Focaccia (W,E,M,S)

Wholemeal/White Bread

Paprika & Garlic Bread (W,E,M,S)

Wholemeal/White Bread (W,E,M,S)

Green Beans/Carrots

Broccoli/Herb Roasted Butternut Squash

Thyme Roasted Carrots/Primo Cabbage

Sweetcorn/Broccoli

Garlic Roasted Courgette & Tomato/Baked Beans

Yoghurt (M) & Fresh Fruit

Jelly with Orange Wedges

Oatmeal Cookies (W,E) with Fresh Fruit

Apple & Cinnamon Flapjack

Pear & Chocolate Crumble (W) with Custard (M)

Cheese & Tomato Baguettes (W,M) Salmon Mayo Baguettes (W,F)

Ham Salad Baguettes (W) Egg Mayo Baguettes (W,E)

Fish Finger Baguettes (F,W) with Ketchup, Chicken Sausage Baguettes(W)

Available daily

Salad Selection, Fresh Fruit or Yoghurt
Year 5 & 6 offered Baguettes 3 Times a Week
Allergen Guide M=Milk W=Wheat E=Egg CE=Celery F=Fish