



Tuesday 14th November 2023

Dear Parents and Carers,

This week is Anti-Bullying week and we began with a very colourful Odd Socks Day. At the assembly to launch this year's initiative "**Speak Out**" we discussed why we were all wearing odd socks. The children highlighted how we are all unique and this was shown in our choice of socks, we celebrated and recognised our differences. However, sometimes this difference can be used against us by those that wish to bully us. We discussed what we can do if we or one of our friends is being bullied. The main things we can do are to speak out and find a trusted adult. I reassured the children that every adult at St Michael's is someone they can speak to if they are worried. This message will be reiterated in all assemblies this week and in class sessions.

Some parents & carers may have already noticed that we have a new auto-response on emails sent to the admin team. This is in order to effectively manage the large number of emails we receive on a daily basis and to ensure parents receive a response from the appropriate member of staff in a timely manner. Please be assured that your messages are important and will be passed onto the correct person - as teachers and teaching assistants are in class all day they do need time to respond appropriately and this may not be on the same day.

This Friday it is the turn of Cairngorms to deliver our Family Assembly, I am looking forward to seeing lots of parents & carers there and based on the rehearsals so far it is going to be a good one!

Have a lovely week

Best wishes,

Sinead O'Brien
Head of School